

FREEDOM FROM VEIN PAIN

— WITHOUT SURGERY

Modern, minimally
invasive vein
treatments designed
for real life.



EMPIRE VEIN
& Vascular Specialists

WALK IN. WALK OUT. LIVE CONFIDENTLY.



A Note from Dr. Sivia



If you are living with aching, swelling, or visible veins, you may have been told it's "just cosmetic," that it's simply part of aging, that you should just wear compression stockings, or that treatment is very expensive.

None of that is true.

Varicose and spider veins are often caused by venous reflux — a medical condition that affects circulation. Left untreated, symptoms such as swelling, cramping, and pain can gradually worsen and impact both your quality of life and your confidence.

At Empire Vein & Vascular Specialists, we focus exclusively on vein and vascular care. Our board-certified team has collectively over 75 years of experience and has performed more than 20,000 minimally invasive procedures, helping patients achieve lasting relief with minimal downtime.

Empire Vein is also one of the leading providers of VenaSeal™ in the country.

Modern vein treatment is performed in-office, minimally invasive, designed for fast recovery, and often covered by insurance.

Our mission is simple: restore healthy circulation, relieve discomfort, and help you move forward with confidence. Enclosed in the following pages is a helpful guide to educate you about your options.

Warmly,

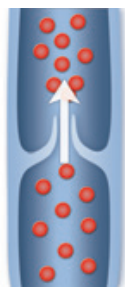
Dr. P. Sivia, M.D., FACS

President, Empire Vein & Vascular Specialists



What Causes Diseased Veins?

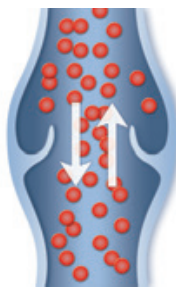
Healthy veins in the legs do one job: push blood upward, back to your heart. To do this, they rely on a series of tiny one-way valves that open and close with every heartbeat. When those valves weaken, blood doesn't go up — it falls back down and pools in your legs. That pooling — also known as venous reflux — is what causes all the symptoms you feel.



HEALTHY VEIN

Blood flows upward

Valves open and close properly. Blood moves toward the heart. No pressure buildup. No symptoms.



DISEASED VEIN

Blood falls backward

Valves fail to close. Blood pools in the leg. Pressure builds. Veins enlarge. Symptoms develop.

Signs & Symptoms You Shouldn't Ignore

Common symptoms include:

- + Aching or throbbing
- + Leg heaviness or fatigue
- + Swelling near the ankles
- + Skin darkening or irritation
- + Itching or burning
- + Visible bulging veins
- + Night cramps
- + Restless Legs

DID YOU KNOW?

1 in 4 adults have venous reflux.

That's 30 to 40 million Americans. Most have no idea their symptoms are coming from their veins.

Vein Disease Progression: Vein disease often progresses slowly.



Aching & heaviness

Legs feel tired, restless legs at night, mild swelling



Visible Veins

Varicose or spider veins appear, swelling increases



Skin Changes

Skin darkens near the ankle, itching, hardening



Wounds & Ulcers

Non-healing sores that are difficult to treat

The good news: Vein disease is treatable. Modern procedures stop reflux and relieve pressure — often in a single 15 minute visit.

Understanding Your Vein Anatomy

You have two types of veins in your legs working together. Knowing the difference helps you understand exactly what treatment targets — and why it works.

+ Deep Veins

Located deep inside the muscle. These are your primary circulation highway and are not treated.

+ Great Saphenous Vein (GSV)

Runs along the inner thigh and calf from ankle to groin. The most common source of varicose veins and venous reflux symptoms.

+ Small Saphenous Vein (SSV)

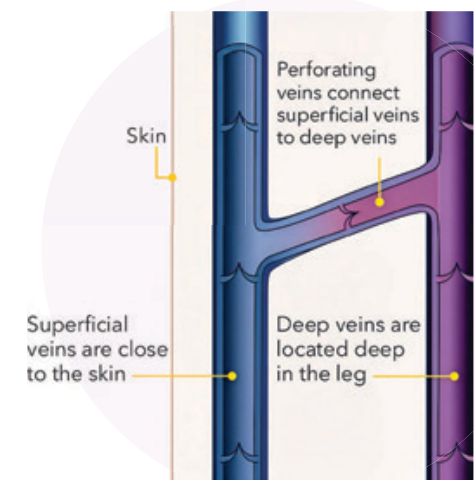
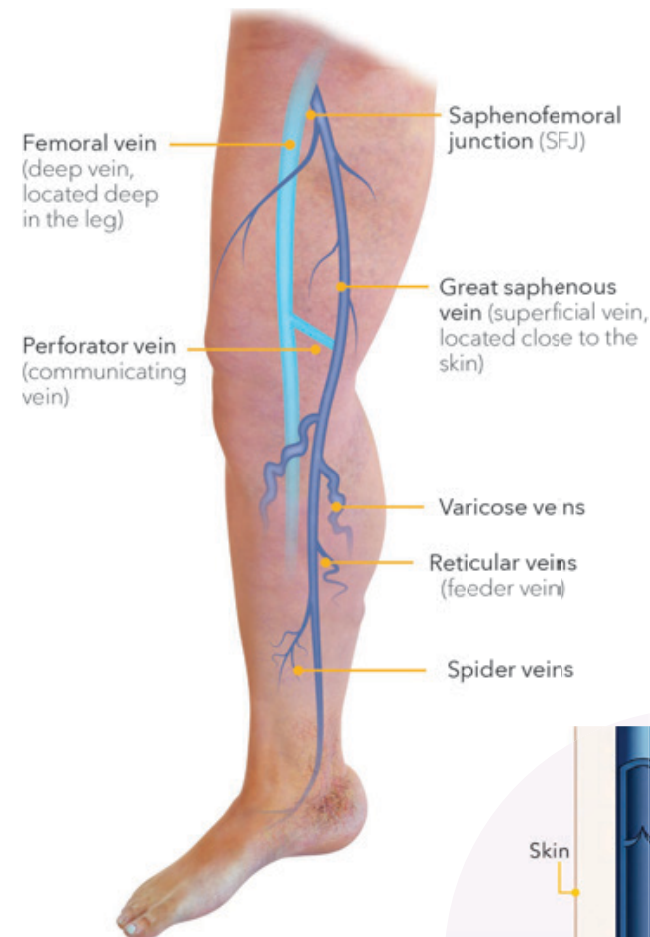
Runs along the back of the calf. When it fails, it typically causes symptoms behind the knee and in the lower leg.

+ Saphenofemoral Junction (SFJ)

The connection point where the GSV meets the deep system at the groin. Valve failure here is the most common starting point for reflux.

What happens when a vein is treated?

When a diseased superficial vein is sealed shut, your body reroutes blood through the healthy deep veins — which were already doing most of the work. The treated vein is gradually absorbed. Circulation actually improves.





VenaSeal™

A Modern Approach to Vein Treatment

No hospital. No heavy anesthesia. No weeks of recovery.

VenaSeal™ is an FDA-approved procedure that permanently closes diseased veins using a small amount of medical-grade adhesive delivered through a single tiny puncture — performed in-office and only takes around 15 minutes.

15

Minutes,
start to finish

1

Small, numbing
injection

0

Stitches—just 1
bandaid



I kept putting it off for years. I was in and out in under an hour and felt like a different person within a week. I wish I hadn't waited so long."

Angela R.



HOW IT WORKS — STEP BY STEP

1 Ultrasound mapping

Your physician uses ultrasound to pinpoint the exact location of the failing valve. This takes just a few minutes and is completely painless.

2 One small numbing injection

Unlike laser treatment—which requires multiple injections along the entire length of the vein—VenaSeal™ typically needs only one. Most patients say this is the only part they feel at all.

3 Adhesive is delivered

A thin catheter — smaller than a matchstick — is guided into the vein using ultrasound. A precisely measured amount of medical adhesive seals the vein shut from the inside. You may feel mild pressure. Most patients feel nothing.

4 A bandaid. That's it.

The entry point is so small it needs no stitches. Walk out right away with just a bandaid. No compression stockings required in most cases. Resume your daily activities such as golf or work immediately after.



Did You Know?

Empire Vein is one of the leading providers of VenaSeal™ in the country!

Frequently Asked Questions

About The Condition

I've had varicose veins for years. Is it still worth treating?

Absolutely. Vein disease is progressive — the longer it's untreated, the more pressure builds. Even after years of symptoms, patients often see significant improvement. It's never too late to start.

Can vein disease affect my overall health?

Yes. Untreated venous reflux can lead to chronic swelling, skin damage, and non-healing wounds (venous ulcers). It's a circulatory condition — not just cosmetic — and early treatment helps prevent more serious complications.

My doctor said my veins are just cosmetic. Should I get a second opinion?

If you have symptoms — aching, heaviness, swelling, restless legs, or skin changes — it may not be cosmetic. We offer a complimentary ultrasound to see what's happening beneath the surface. Many patients are surprised by the findings.

About The Treatment

Is it painful? **MOST ASKED**

Most patients are surprised by how comfortable it is. VenaSeal™ requires just one small numbing injection. You may feel mild pressure, but most report little to no pain — and say the anticipation was worse than the procedure.

How long does the procedure take?

About 15 minutes. You walk in, have the procedure, and walk out. Most patients return to normal activity the same day — no hospital stay or recovery time at home.

Will the veins come back after treatment?

Treated veins are permanently closed and don't reopen. New veins can develop over time depending on genetics and lifestyle, but the treated veins are gone for good.

Do I need to wear compression stockings afterward?

Usually not. That's a key advantage over laser and thermal treatments. Your physician will advise based on your case.

About Insurance & Cost

Is treatment covered by my insurance?

In most cases, yes. Approximately 99% of our patients have their medically necessary vein treatment covered. We accept Medicare, IEHP, Aetna, Cigna, Blue Cross Blue Shield, and most PPO plans. We verify your benefits before any procedure — so there are no surprises.



What does the free vein evaluation include?

Your complimentary visit includes a review of your symptoms, a physical examination, and an ultrasound evaluation of your leg veins — at no cost and no obligation. You leave with a clear picture of what is happening and a personalized treatment plan if one is needed.

Why Empire Vein?

15+
Years of
Dedicated Service

20k+
Minimally Invasive
Procedures Performed

99%+
Patient Success &
Satisfaction Rate

Meet Your Doctors



Dr. Pushpinder Sivia

Board-certified vascular surgeon with over 15 years of experience treating vascular and vein conditions, Dr. Sivia has performed thousands of advanced minimally invasive procedures with a focus on long-term results, improved circulation, and patient quality of life.



Dr. Son Ha Yu

Board-certified general and vascular surgeon with over 20 years of experience in vein and vascular treatment. Dr. Yu has been instrumental in establishing the Coachella Valley as a premier destination for advanced vein and vascular care.



Dr. Nina Grewal

Board-certified general and vascular surgeon specializing in vein disease, Dr. Grewal delivers personalized care through advanced, minimally invasive treatments focused on improving vascular health and patient outcomes.



Dr. Foghi

Board-trained cardiologist with subspecialty expertise in the interventional management of superficial venous disease. Dr. Foghi holds both an M.D. and a Ph.D. in Molecular Cell Biology and Biochemistry.



Dr. Rex C. Manayan

Board-certified surgeon and vein specialist dedicated to treating vein conditions with safe, minimally invasive techniques. Dr. Manayan specializes in advanced procedures designed to minimize discomfort and recovery time.

State of the Art Facilities & Accreditations



Our vascular lab is accredited by the Intersocietal Accreditation Commission (IAC)—the highest standard in the field—ensuring exceptional diagnostic accuracy, precision, and quality of care.



Hear from Others

“ Highly recommended this place. The staff are wonderful and so friendly. The office and exam rooms are very nice and they even tv's mounted on the ceiling in the procedure room. I had the best experience with my provider and would recommend this office to anyone needing their services. — Lisa C.

“ They knew what they were doing and explained every step of the procedure which made me feel so comfortable from the beginning to the very end. I had no pain or complications whatsoever. Excellent service. — Chith J.

“ Absolutely wonderful nurses and doctor , I was so nervous for my procedures and they all helped keep me calm my nerves and get through all four procedures each time! — Alexandria E.

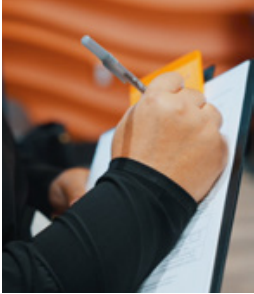
“ I have had 2 treatments done on my legs and I feel wonderful. No pain at all and a huge difference in my legs. They dont feel tired nor do they hurt. I highly recommend Empire Vein. Very clean and all precautions are being taken at this time. Super friendly staff and very caring. So happy with my results so far. — Sher M.

Before & Afters



What's Next?

Ready to have your legs feel and look better? Follow these easy steps:



1. Schedule A Free Vein Screening

Call or text 1-800-VARICOSE (1-800-827-4267) or visit [EmpireVein.com](https://www.EmpireVein.com) to book online. Virtual and in-person appointments are available. Our team will ask a few simple questions about your symptoms to prepare for your visit. No cost. No obligation.



2. Receive your ultrasound evaluation

Your physician will review your symptoms, examine your legs, and perform an ultrasound to map your veins in real time. You'll leave with a clear picture of what's happening and a personalized treatment plan — at no charge.

Approximately 99% of patients are covered by insurance.



3. Walk in. Walk out. Feel the difference.

Most procedures take about 15 minutes. You'll walk out the same day, return to normal activity, and within weeks begin to feel — and see — a real difference.

Many of our patients say the same thing afterward: *"I wish I had done this sooner."*



READY TO GET STARTED? SCHEDULE A FREE VEIN SCREENING

Virtual or in-person. No pressure.
Just answers and a clear path forward.

Call or Text:

1-800-VARICOSE
1-800-827-4267

Book Online:

EmpireVein.com
Virtual or in-person

Office Locations:

Rancho Mirage

La Quinta

Palm Springs

Victorville

Ontario

Riverside

75+
Years of combined
experience

20k+
Minimally invasive
procedures

99%
of Patients covered
by insurance

Vein Care Is Our Specialty.

- + Advanced Ultrasound Mapping
- + Personalized Treatment Plans
- + Transparent Insurance Guidance

Walk In. Walk Out. *Live Confidently.*



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EmpireVein.com